



Weekly Record

Friday 14 August, 2009

HEAD'S COMMENT:

Parenting Information Programme

As part of the Pastoral Care Programme at Oxley College, we are hosting a Parenting Information evening on Thursday 10 September in the PE Centre. The evening is specifically aimed at parents of students in Year 8 but is not exclusive to these parents and we welcome parents of students of any age. Nor will the invitation be to Oxley parents only as we will invite parents from other schools. However, the evening is for parents only, students are not to attend.

The evening will focus on "Changing Relationships" with Professor David Bennett. It will explore adolescent development in early teens and relationships with parents by looking at:

- Behaviour during puberty
- What is normal?
- Risk taking
- Authority and power
- Parenting styles Rule setting
- The importance of parents
- Sense of belonging
- Lowering the safety net

Professor David Bennett AO MBBS FRACP FSAM, is the Head of the Centre for the Advancement of Adolescent Health at The Children's Hospital at Westmead. David is an adolescent health physician with a major interest in the development of integrated, creative health services for young people and their families. He pioneered Australia's first hospital-based adolescent medical unit, was longstanding Head of Adolescent Medicine at The Children's Hospital at Westmead (1977 - 2004) and is actively involved in wide-ranging efforts to improve the health and well-being of young people through technical support, applied research, professional education & training, advocacy and policy development.

David is a member of the *Children's and Young People's Health Priority Taskforce*, NSW Health, the *Youth Interagency Taskforce*, NSW Department of Community Services, and the *National Youth Careers and Transitions Advisory Group*, Department of Health, Education and Training. He is the National President of the *Association for the Welfare of Child Health*.

At the international level, David is a foundation member and past president of the *International Association for Adolescent Health (IAAH)*, has been a consultant with the World Health Organisation and serves on the editorial boards of several international journals. He is married with four 'adult' children and co-author (with Dr Leanne Rowe) of *What to do when your children turn into teenagers* and *You can't make me: Seven simple rules for parenting teenagers*.

The format for the evening will see a 40-45 minute presentation from David Bennett followed by a 15 minute interval that provides an opportunity for parents to 'chat', browse/purchase available literature and prepare questions for the second session of the evening.

The interval will be followed by a panel who will respond to the questions written by parents during the interval. The panel will include David Bennett and a range of people from schools.

This Parenting Information evening will commence at 7:00pm in the P.E. Centre and will finish around 9:00pm.

I invite, and encourage, you to join us on what should be a valuable evening where you will hear from an expert on adolescent development and spend time with other parents who are also parenting adolescents.

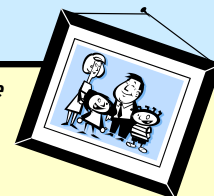
2009 ANNUAL INTER-HOUSE ATHLETICS CARNIVAL

The annual Inter-House Athletics Carnival begins next week. The competition runs over three days with each student participating in a maximum of six individual events.

- Dates:**
- Wednesday 19 August** (During sport)
 - Thursday 20 August** (Lunch): 3000m (Open Boys/Girls and Junior Boys/Girls)
 - Wednesday 26 August** (All day)

Athletics training is held at school on Wednesday afternoons with Ron Thompson.

More information, including list of events, specifications and records can be found on the sports noticeboard and on the Oxley College website.



Do any of these quotes resonate?? Isn't it good that times have not changed that much and neither has the nature of being an adolescent.

Aristotle

Teenagers are passionate, irascible, and apt to be carried away by their impulses. They regard themselves as omniscient and are positive of their assertions, this is, in fact the reason they carry everything too far.

Albert Schweitzer

Modeling isn't the best way to teach – it is the only way to teach.

Albert Einstein

The definition of insanity is doing the same thing over and over again and expecting different results.

If what we are doing as a parent is not working do not just do the same thing over and over. Do something different – creative – something that they will not expect, something paradoxical. Something that will get them to sit up and take notice and is not so predictable! Eg. A parent decided to do something different other than fight with her son night and day about his room – so she tidied his room, took a photo and stuck it on the door. She chose her battles and decided his room was his problem and if she needed to see a perfect room she only needed to look at the picture!

John Lennon

Life is what happens when we are busy making other plans.

(Always make time for your children – it is much more important than giving them *things*).

CAREERS CORNER by Phillipa Condon, Careers Counsellor

As mentioned last week, Year 12 Students have been handed their UAC application books with all instructions. This is a very daunting time for them and they require support and patience. Please encourage them to follow the instructions and take it slowly. Mr Armstrong and I are available if there are concerns but it is self explanatory. It is not the last time that the student can change their preferences and this is outlined in the book. Applications must be completed by Wednesday 30 September, 2009 otherwise financial penalties are incurred.

At the same time as applying for courses don't neglect applying for scholarships. Besides the Commonwealth and Equity Scholarships, each university offers its own scholarships as university scholarships or faculty scholarships. Please check on all the university websites where you are applying for courses and apply for all their scholarships.

Residential colleges are also taking accommodation applications so while you are completing one form do them all and take copies for reference.

Again a reminder to attend the university open days as you can find out more detail regarding course structure and how you can personalise your own career path. If there are any issues please do not hesitate to email or make an appointment via the webpage.

LIBRARY NEWS

**HOUSE READING
Challenge 2009**

As you may already be aware, our Year 7 and 8 students are currently participating in the Premier's Reading Challenge. To add interest to this activity we have decided to also make this a HOUSE READING CHALLENGE.

The student's reading log will be tallied for each house and the scores will be circulated each week.



Last week the tallies were as follows: DOBELL – 55; DURACK – 90; FLOREY – 87; MAWSON – 118; MONASH – 93; OODGEROO – 69

The challenge ends at the end of the month so students need to get busy reading and recording their book in their reading log. Please remember, it is also important to record your reading log online through the PRC website to ensure you are also recognised through Premier's Reading Challenge organisation. Monday 31 August is the final date. <https://products.schools.nsw.edu.au/prc/booklist/readingLog.html>

CALENDAR:

TERM THREE 2009

Fri	14 August	Excursion Yr.12 Geography, Warilla Beach School Disco, Hoskins Hall, 7:00pm—10:00pm
Sat	15 August	ISA Winter Sport semi finals HSC French Continuers Oral
Tues	18 August	Excursion Yr. 11 U Turn the Wheel, Mittagong RSL Yr.8 Information Evening, PE Centre, 4:00pm
Thurs	20 August	Excursion Yr.11 & Yr.12 SoR to Buddhist Monastery

OXLEY COLLEGE SCHOLARSHIP PROGRAMME

Applications are now available for the Oxley College Scholarship Programme. Candidates need to be in Year 10, going into Year 11 in 2010. Candidates will be interviewed at Oxley College on Saturday 5 September 2009. Applications close on Friday 28 August 2009.

CREATIVE AND PERFORMING ARTS

The Creative & Performing Arts Scholarship is provided by the Board of Governors to encourage and recognise excellence in one or more fields of the Creative & Performing Arts. The scholarship may provide remission of tuition fees in full or in part for the duration of the student's senior schooling. Students entering Year 11 in 2010 are eligible to apply. The selection process will be a combination of interview, performance, audition, viva voce and workshop activities. Candidates may submit an application for any one or a combination of the following categories; Music, Drama and Visual Arts.

THE GRAHAME SMEE SCHOLARSHIP

The Board of Governors of Oxley College has established a scholarship to honour the contribution to the foundation of the College by Dr Grahame Smee. The scholarship is available to any student entering Year 11 in 2010. It is tenable at Oxley College for Years 11 and 12. The award is to be made to a student showing exemplary attitude to academic work, commitment to good citizenship and community involvement.

Please contact Emma Calver on 4861 1366 or email to emma.calver@oxley.nsw.edu.au for copy of the relevant criteria and application form.

FOOTBALL



Still smiling the Oxley 15s Football team suffered its first defeat of the season on Saturday going down to St Patricks College 2-0. Nevertheless the team is still top of the ladder with only one game left before the semi-finals.

Back Row L to R: James Slaughter, Paul Dempster, Riley Beuzen, Sebastien Dumas, Zachary Stanford, Joel Berta, Oliver Hart. Front Row L to R: Hamish Ismay, Jake Cave, Harry Halstead, Matthew Everett, Tim Baird, James Shortland.

SPORT FIXTURES—SATURDAY 15 AUGUST

Sport	Opponent	Venue	Time	Coach	Transport	
RUGBY— SEMI FINALS <i>MiC – Mr T Bevan 0416 293328</i>						
1st XV	No Game			Mr Bevan	Own Transport	
16's	No Game			Mr Lawson		
15's	No Game			Mr Wansey		
14's	No Game			Mr Lesslie		
13's	Chevalier	Oakhill College	10:00am	Mr Lawson	7:15am	1:30pm
TENNIS—FINALS <i>MiC – Mrs P Fishburn 0433 112003</i>						
Open	St Patricks	Olympic Park	8:00am	Mrs Fishburn	6:00am	2:00pm
17's	Redlands	Homebush	8:00am	Mrs Fishburn	6:00am	2:00pm
15's	No Game					
14's	No Game					
13's	No Game					
NETBALL - SEMI FINALS <i>MiC – Ms J McVean 0405129652</i>						
Firsts	St Paul's Grammar	Warriewood	1:00pm	Ms McVean	Car Pool	
Inter. A	Redlands	Warriewood	10:00am	Ms Vincent	6:45am	2:00pm
Inter. B	No Game			Ms Rintoul		
Inter. C	Redlands	Warriewood	2:30pm	Mrs Hall	Car Pool	
Junior A	No Game			Ms Brochard		
Junior B	No Game			Ms Fehon		
ISA FOOTBALL - SEMI FINALS <i>MiC – Mr R Connor 0424 745401</i>						
1st XI	BMGS	Chevalier	11:10am	Mr Connor	Own Transport	
15's	OAK	Chevalier	10:05am	Mr Forlonge	Own Transport	
13's	OAK	Chevalier	9:00am	Mr Campbell	Own Transport	
HOCKEY—SEMI FINALS <i>MiC – Mr P Freeman 0425376242</i>						
Firsts	No game	Ernie Smith Reserve, Junction Road, Moorebank		Mr Freeman		
Jnr A	Chevalier		11:00am	Mr Copland	Own Transport	
Jnr B	Redlands		8:00am	Mrs Hamilton	6:30am	10:30am



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HOUSEHOLD TECHNOLOGY AND INTERNET USE SURVEY

The Oxley College ICT Committee seeks additional information from parents and students regarding their home technology and internet use. A previous survey of technology-using parents was very helpful in identifying the realities of technology in the current work world.

As the committee works to refine technology integration in the curricular areas, it is important to understand what technologies are used at home. The survey seeks information about a range of topics, from school-related use, to entertainment and access speed, to hardware and software applications. The survey comes in two sections, one that takes a snapshot of the whole family's technology-use and a separate one that focuses on students.

The ICT Committee suggests completing the survey as part of a family discussion. This will provide the most comprehensive information and also create "talking points" that will allow for dialogue on some topics that may not always make it into regular conversations.

Family version: http://oxleylearning.org/surveys/public/survey.php?name=ict_family

Student version: http://oxleylearning.org/surveys/public/survey.php?name=ict_students.

Although you may choose to complete the printed version that families will receive by post, when possible and convenient, we would appreciate your using the online versions. Your time and effort in completing this survey is very much appreciated and will find its way to the revision of ICT integration, expectations and instruction in the Oxley College curriculum. Tom March, Chair of the Oxley College ICT Committee.

STUDY SKILLS & STRATEGIES COURSE FOR STUDENTS IN YEAR 10 AND YEAR 11

This popular course is designed to encourage senior students to become more self-confident and independent in their personal study programmes. It trains students in *essay planning (in exams), clear and effective writing, preparing for exams, getting motivated and staying motivated*. The course is run by ICS Learning Group and has proved very useful for senior students. The course is held in Room 14 from 3:35 – 5:35pm for three consecutive Mondays, 24 & 31 August and 7 September. For further details visit www.skillscentre.com.au or phone 9960 6231.

As a number of parents and students in Year 11 have indicated an interest in doing this course again, it is also open to this year group. Application forms and information are available from the above website or copies are available from Student Services.

NEWS FROM MATHEMATICS DEPARTMENT

Last Thursday was a big day for Mathematics at Oxley College. In the morning 109 students elected to sit for the Australian Mathematics Competition. The Mathematics Department at Oxley College has been entering students in the AMC for many years and believes that it is a worthwhile experience for students of Mathematics.

The aim of the AMC is to encourage the development of Mathematics in schools and to provide students with an opportunity to discover, use and develop talent in problem solving. The questions are quite challenging, are answered without use of a calculator and cover all strands of mathematical endeavour with which the students are familiar.

In the afternoon all Year 10 students participated in a workshop entitled StartSmart. It was organised by the Commonwealth Bank and is designed to improve students' understanding of matters financial: saving, spending and investing, through interactive discussion with the presenter. The presenter was only 21 years old and was able to relate to the students and engross them with her engaging style. The students clearly enjoyed the session and gained much from it.

THE OXLEY SHOP

Tuesday	12:30pm - 4:00pm	Term 2 Saturday trading
Wednesday	8:30am -11:30am and 12:30pm – 4:00pm	
Thursday	8:30am - 9:30am and 12:30pm – 2:30pm	15 August
Saturdays	First and Third Saturday of each month 10:00am – 12:00pm	

CANTEEN ROSTER – TERM 3 WEEK 4A

Thank you to those who have volunteered in Term 2. If you are available in August, please contact Reception.

<u>Monday 17 August</u>	<u>Tuesday 18 August</u>	<u>Wednesday 19 August</u>	<u>Thursday 20 August</u>	<u>Friday 14 August</u>
Assistance Required	Yatza Grbic-Clinch	Jenny Vild	Assistance Required	Assistance Required

P & F NEWS

The next P & F meeting is scheduled for Tuesday 18 August at 7:30pm in the David Wright Library. All welcome.

Year 8 Get Together

Come and join other Year 8 parents and children for a family day packed with fun at Exeter Village Hall on Sunday 23 August. The day commences at 11.30 am and lunch will be served at 1pm. \$25 per family. BYO non-alcoholic drinks and glasses. Please bring tennis racquets, balls, cricket bats and footballs. The Year Reps are very much looking forward to sharing the day with you all. Please contact Emma Calver at Oxley College if you have any further queries or have not received your invitation. **Please Note: In line with Oxley College Policy, any function that is student- based must be alcohol free. Please BYO non-alcoholic drinks only.**

New Zealand Abel Tasman Walk for November 2009

Enjoy a walk in one of the world's great parks. Raise some funds for Oxley College and learn the Haka with All Black legend Stu Wilson. You'll experience the delights of Nelson, stay in rustic lodges, walk 50km, swim at secluded beaches and be captivated and surprised. We will be running two trips for 12 people each on November 11-14 and 15-19 under the experienced leadership and guidance of Shaun Martyn and Jim Allman. The cost is \$1850 pp plus airfares and includes all food and accommodation with all proceeds going to the Oxley P&F. As places are limited please register your interest as soon as possible with either Shaun (0412 332 638) or with Jim (0412 124 536).

SRC MOBILE PHONE FUNDRAISER

The Oxley College Student Representative Council (SRC) are holding a fundraising activity starting next week for four weeks. Donate your old phone for recycling and you will be assisting children and adults with cerebral palsy. Australians buy new phones at the rate of 3-4 million phones per year and there is an estimated 10 - 18 million phones lying around in home cupboards and office desks. The phones that are received by The Spastic Centre are cleaned and repaired. They are then sent overseas for resale in developing countries. All other mobile phones are fully recycled. The Spastic Centre receives between \$3-\$5 from the Aussie Recycling Programme for every mobile phone donated. By donating your phone you are helping to raise funds for children and adults with cerebral palsy and helping the environment. Please bring in your old phones to College Reception or Mrs Hanrahan in the Science Department. The SRC will then package them up and send them on. Please support this wonderful SRC initiative.

OXLEY SHOP SALE

Oxley Shop will have a **two week sale** from Tuesday 18 until Thursday 27 August, 2009 of the following second hand clothes items:

Winter Overcoats	40% off marked price	Jumpers Sizes 16 – 24	\$10.00
Winter Senior Girls Skirts	40% off marked price	Trousers Sizes 8 – 16	\$ 5.00
Winter Tunics Sizes 16 – 20	40% off marked price	Grey Shorts Sizes 10 – 16	\$10.00
Summer Girls Wide Brim Hats	40% off marked price	Short Sleeved Shirts	\$ 3.00
Summer Tunics	20% off marked price	Senior Girls Overshirts	\$ 3.00

COMMUNITY NEWS

Kangaroo Valley —Trek for Timor

Saturday 19 September, 2009, walk 50 kms in 24 hours through scenic country around Kangaroo Valley.

The target is to raise \$30 000 to install solar lighting in over 120 households in East Timor. All you have to do is :-

- form a team of 4 people
- register your team on our website www.kvrp.org.au
- raise a minimum of \$600 per team

Contact Lynne Dooley 4464 1152 or Trish Livesey 4465 1134 for more information.

Cricket Winter Skills and Fitness Programme

The Bradman Foundation has appointed Vision Health Sports to organise a cricket programme for boys and girls who wish to keep up their cricket skills and general fitness over the winter months. Please call Rick McCarthy on 0408670812 as soon as possible to register. The programme will run on Sunday 16, 23, 30 August and 6, 13 September from 11am – 1pm.

Short Black Films

Short Filmmaking Courses for 13 to 17 year olds in the Highlands. Write your own script, act in your own film with local actor and filmmaker Vincent McManus. For more information contact Vinnie on mobile : 0427333245 or email shortblackfilms@gmail.com.